



## Life Opportunities Trust Home Care Services

### Dementia care services

Our staff are trained:

- To support clients who have dementia & Alzheimer's;
- To identify and build on clients' strengths to help them regain a level of control and self esteem;
- To improve communication and maintain clients' interests;
- To support and alleviate some of the common symptoms and improve clients' day-to day-living skills within their homes;
- To provide breaks and support for relatives.

**We can help.** This service can include:

- Transport and accompanying to appointments or social engagements e.g. hairdresser, doctor, dentist, cinema;
- Helping with hobbies or interests;
- Reading books or newspapers out loud;
- Company for a walk or other outdoor activities.

### Fees

Fees are based on the type of support required. Some care may be funded by the NHS or Social Services. You will need to discuss this with your GP, District Nurse, Social Worker or other healthcare professional. You have the right to request the care provider of your choice.

### Benefits of choosing Life Opportunities Trust

- The benefits of using our services include:
- Dedicated, reliable, caring, trained staff;
- Continuity of service; we can ensure that you are provided with only one or two carers under most circumstances;
- 24 hours on-call service to give you peace of mind;
- A dedicated manager who will co-ordinate your care and will listen and act on any of your concerns;
- High quality services.

**Value for money is guaranteed.**

### How to arrange care

Call us to discuss your needs. We will then arrange a home visit by a member of our team to discuss and agree together a suitable support package.



For further information on our services, please contact Angela Tierney, Director of Care, at our Kings Langley Office, Hempstead House, 1 Hempstead Road, Kings Langley, Herts WD4 8BJ, 01923 299770

or email her at [atierney@lot-uk.org.uk](mailto:atierney@lot-uk.org.uk)

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Life Opportunities Trust is a registered charity, established in 1989 and registered with the Care Quality Commission. We have been providing high quality care and support services to people with disabilities for 21 years.

Our main office is based in Kings Langley and we support people throughout Hertfordshire and north west London.

### *Home Care Service*

Our Home Care Service supports individuals in their own homes, helping them to maintain or regain their independence. Our aim is to enable our clients to remain in their own home or simply to just be there during a period when they require support.

Our services include:

- Personal care;
- Domestic support;
- Cooking;
- Bathing;
- Laundry;
- Shopping;
- Conversation and companionship;
- High-dependency support;
- Return home from hospital service;
- Support and assistance with hobbies and interests;
- Support with community participation;
- Support with household budgeting;
- Health monitoring.

### *What we offer*

We provide effective care packages to meet a broad range of users' needs including:

- Learning disabilities;
- Physical disabilities;
- Older people;
- Short and long term illness;
- Return home from hospital;

and many other complex and unique care situations.

Whatever your circumstances, LOT professionals will be able to arrange support for you in your home to meet your individual needs, so that you can enjoy the maximum level of independence.

We will carry out a full assessment and devise a support plan with you so that you can be certain that we are able to meet your needs and can agree how your needs should be met.

### *Quality of staff and service are guaranteed.*

We achieve this through:

- Full, enhanced CRB checks;
- Thorough recruitment procedures;
- In-depth training programmes for all staff;
- Regular monthly staff supervision.